

# PERSEVERANCE

CFK Africa 2021 Annual Report





2021 was a turbulent year for us all. We celebrated together as coronavirus vaccines were successfully developed, despaired together over unequal access to vaccines and the emergence of new variants, and mourned together as the pandemic continued to claim lives.

**MOST IMPORTANTLY, WE PERSEVERED TOGETHER.**

We helped get students back into classrooms, administered vaccines in some of the world’s most hard-to-reach areas, and continued to battle misinformation. We advocated for stronger public health systems, encouraged our friends, families, and communities to continue practicing precautions, and began navigating what life would look like with – not after – the virus.

## WHILE THE FIRST YEAR OF THE PANDEMIC TESTED OUR RESILIENCE, 2021 HAS TESTED OUR PERSEVERANCE.

Working in the informal settlement of Kibera for the last 20 years, CFK is no stranger to dealing with hardships. Since 2001, we’ve faced periods of ethnic violence and political instability that displaced thousands, experienced economic recessions that limited our resources and intensified challenges for members of our community already living below the poverty line, and confronted devastating public health crises and disease outbreaks. Through it all, we’ve remained dedicated to our community, consistently adapting, improving, and persevering to meet emerging needs.

## 2021 WAS A PIVOTAL YEAR FOR CFK.

As we marked our 20th anniversary, we reflected on how far CFK has come and were reminded of the immense work still left to do. With over 1,400 informal settlements in Kenya, we realized that the public health and youth leadership development model we created and strengthened in Kibera could be replicated in other communities and benefit thousands more living in some of the country’s most challenging environments. For the first time, we began expanding our services to additional informal settlements in Nairobi and across seven counties in Kenya. Much like our work in Kibera, expansion into these informal settlements is driven by research, fueled by partnerships, and shaped by each community’s most pressing needs.

In partnership with the Kenya Ministry of Health (MOH) and Nairobi Metropolitan Services (NMS), we pioneered coronavirus vaccine distribution in Kibera through our Tabitha Medical Clinic, administering over 4,000 vaccine doses in just three months. Recognizing our strength in community outreach and mobilization, the MOH partnered with us to develop and implement vaccine outreach strategies that would increase vaccine uptake in informal settlements in Kiambu and Nairobi counties. We met people where they were, establishing vaccine distribution sites near major workplaces, markets, and manufacturing industries, reaching over 5,000 people who may have otherwise been unable to access a vaccine.

While the pandemic continued to challenge Kenya’s overburdened public health system, we supported the MOH and NMS to launch a policy that expanded support for and engagement with Community Health Volunteers. As students returned to classrooms, we equipped schools with personal protective equipment and hand washing stations, helped educators to make safe, homemade soap, and created two new named and endowed scholarship opportunities, which will help fund sustainable scholarships for approximately 120 youth leaders annually in perpetuity.

We launched 2022 by announcing our new name, “CFK Africa,” a reminder of where we started and a reflection of our ambitious plans for growth. We are sure to face new challenges as we expand into additional informal settlements. But we will draw on our long-standing partnerships and deep-rooted commitment to community to improve public health and economic opportunity across the country, scaling up the lessons learned from over two decades of service in Kibera.

**Thank you for supporting CFK Africa and giving us the strength to persevere. By investing in us, you are helping build a more sustainable, equitable world, a world where every family has the knowledge and resources needed to keep themselves healthy and every student has access to opportunity through education. We couldn’t do this work without our dedicated Board and staff members, foundational partners, donors, and community collaborators, and we are eager to move forward into this next decade of service together.**

**Hillary Omala**  
Executive Director

**Rye Barcott**  
Co-founder; Board Chair

**Beth-Ann Kutchma**  
Director of Strategic Partnerships



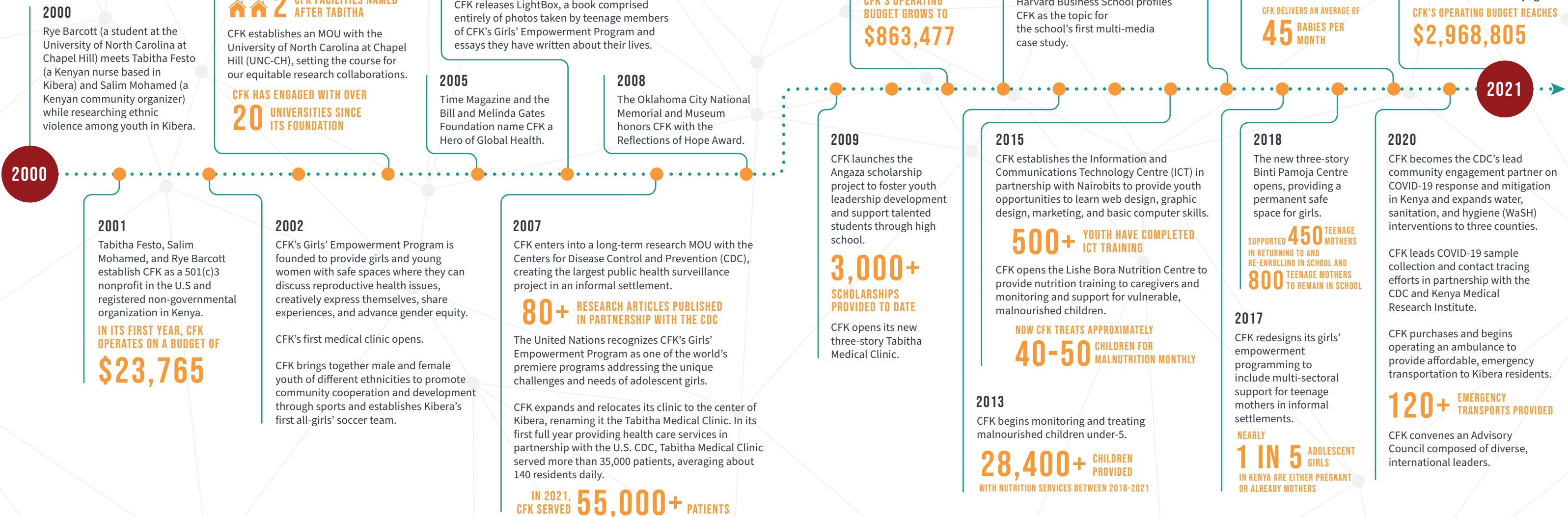
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# LOOKING BACK, MOVING FORWARD

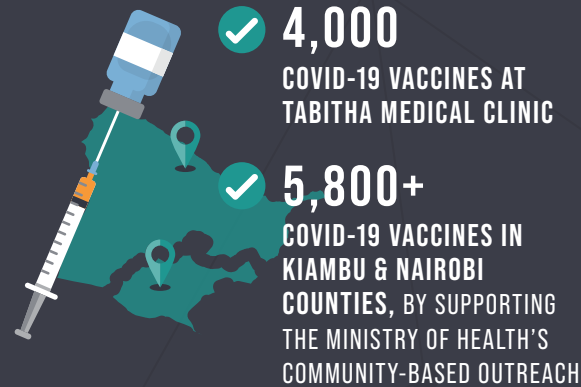
## 20TH ANNIVERSARY

Founded in 2001, CFK Africa has grown from a sports for development program and one-room clinic to one of the largest and longest-standing NGOs in Kibera. We employ more than 80 staff, partner with some of the world's leading research institutions and universities, and pioneer comprehensive public health, education, economic development, girls' empowerment, and youth leadership programs that transform lives, reduce inequalities, and drive locally-led progress. CFK's history and evolution highlights our commitment to participatory development, community-engaged research, and sustainable impact.



# OUR YEAR IN NUMBERS

We worked hard to keep our community safe from COVID-19, administering approximately:



WE PROVIDED CHILDREN ACROSS  
**ALL 13 VILLAGES IN KIBERA**  
with a strong, healthy start to life, ensuring that  
700+ children each month received their  
childhood vaccinations and partnering with early  
childhood development centers to reach over



## WE SHARED BEST PRACTICES IN MITIGATING COVID-19 IN INFORMAL SETTLEMENTS

by securing a partnership with Standard Media and participating in news interviews with national and international media, including Voice of America, NTV, CTV, ZDF, Nairobi Business Monthly, STAT, and Science News.



We responded to rising cases of sexual and gender-based violence by training

**10** PSYCHOSOCIAL COUNSELORS FROM  
NAIROBI, MOMBASA, AND MACHAKOS  
in leading group therapy sessions for survivors. We are currently collaborating with the Adelle Onyango Initiative to develop and pilot the model for survivors of sexual violence.

## WE RAISED OUR GLOBAL PUBLIC HEALTH PROFILE

by participating in seminars hosted by the University of North Carolina at Chapel Hill and the University of California, San Francisco.



We helped build Kenya's next generation of leaders by supporting our CFK Africa scholarship students in high school with financial support, tutoring, and career guidance.

**100%** OF THE MOST RECENT GRADUATING CLASS IS PURSUING FURTHER EDUCATION AT LOCAL COLLEGES AND UNIVERSITIES.



We expanded educational opportunities for promising young people struggling to pay their school fees by establishing two new scholarship endowments. In total, we expect to support about

**120 SCHOLARSHIPS EACH YEAR** THROUGH OUR CFK AFRICA SCHOLARSHIP PROJECT.

**400** COMMUNITY HEALTH VOLUNTEERS TRAINED  
IN NAIROBI AND MOMBASA COUNTIES

We strengthened Kenya's health workforce by expanding support for Community Health Volunteers (CHVs). We trained 400 CHVs across two counties and launched the Health Service Act in partnership with Nairobi Metropolitan Services.



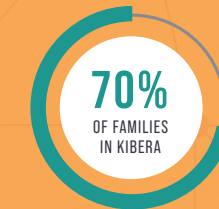
We helped students, teachers, and families protect themselves from serious infections by expanding our water, sanitation, and hygiene (WaSH) initiatives to three counties. We supported over

**100 SCHOOLS WITH PERMANENT AND CONTAINER-BASED HAND WASHING STATIONS IN NAIROBI AND MOMBASA COUNTIES AND PROVIDED 1,900+ GIRLS WITH CRITICAL MENSTRUAL HYGIENE PRODUCTS.**

## WE PREPARED 338 YOUTH

for an increasingly competitive job market through vocational skills and financial literacy training, which is more critical than

ever, as about 70% of families in Kibera have experienced a partial or complete loss of income since the start of the pandemic.



We ensured community members had access to essential health care services throughout all stages of the pandemic.

IN 2021, OUR  
FRONTLINE HEALTHCARE  
HEROES SERVED  
**65,400+**  
PATIENTS.



WE INCREASED OUR POTENTIAL FOR IMPACT BY SIGNING MOUS WITH 12 NEW PARTNERS, including County Governments, research institutions such as BroadReach, and learning institutions such as Kenyatta University, our first official Kenyan university partner.

We also published a research article in partnership with Kenyatta University concerning the effects of COVID-19 on school-going children.



WE RAISED AWARENESS & FUNDS FOR OUR NUTRITION PROGRAM by producing "Karibu Mezani," a Kenyan cookbook, in collaboration with CFK staff, board members, volunteer alumni, and partners.



WE SHARED OUR IMPACT IN CELEBRATION OF CFK'S 20TH ANNIVERSARY by producing a documentary that featured past volunteers, leaders, and beneficiaries and was broadcast on national TV and digital platforms.

We strengthened maternal, child, and adolescent health infrastructures, purchased an ultrasound machine for our maternity home, and provided



**150**  
MENTAL HEALTH  
COUNSELING  
SESSIONS FOR YOUTH



**550+**  
SAFE  
DELIVERIES



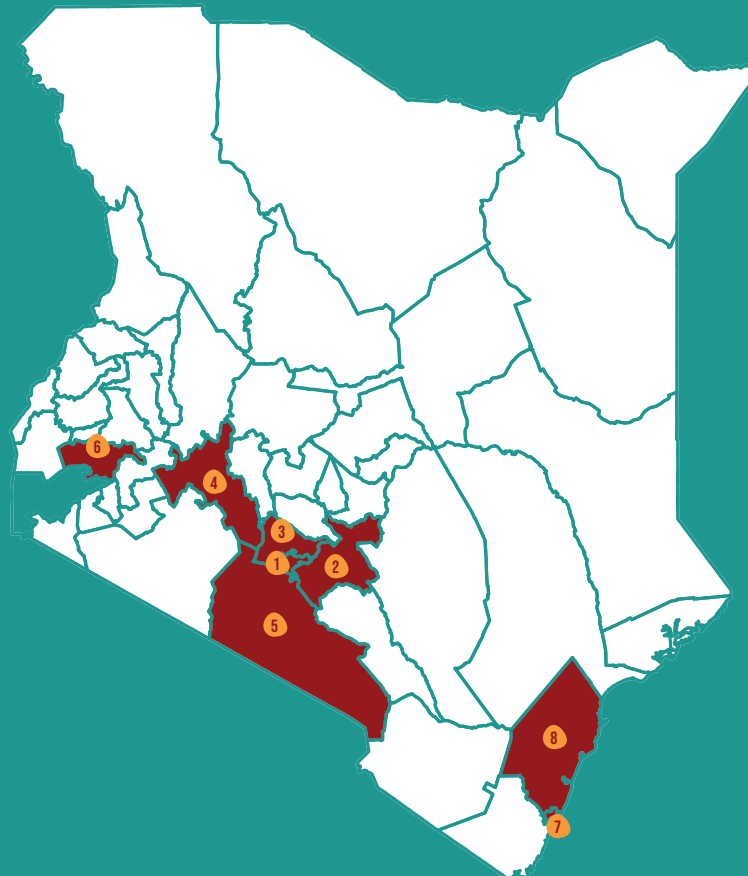
**575 YOUTH**  
WITH HIV TESTING  
SERVICES

# FROM CAROLINA FOR KIBERA TO CFK AFRICA

Currently, 1 in 8 people live in informal settlements globally, and estimates indicate that proportion will only continue to grow due to rapid urbanization. Kenya alone is home to more than 1,400 informal settlements that house 47% of the country's urban population.

While no two informal settlements are the same, they often share similar characteristics, such as overcrowding, tenure insecurity, lack of infrastructure, limited education and economic development opportunities, and high rates of poverty, teenage pregnancy, and infectious disease transmission. These environments pose significant challenges to ideals of sustainable development and global public health.

Proudly partnering with and serving the Kibera community for the last 20 years, CFK Africa has developed strategies that can strengthen programs and inform policies concerning informal settlements globally. Though we remain committed to furthering our work in Kibera, CFK's public health, education and livelihoods, girls' empowerment, and youth leadership models can positively impact the lives of thousands more.



AFTER CONDUCTING EXTENSIVE SCOPING STUDIES, WE HAVE BEGUN SCALING-UP OUR WORK TO ADDITIONAL INFORMAL SETTLEMENTS ACROSS EIGHT COUNTIES IN KENYA.

- |              |             |
|--------------|-------------|
| 1 — NAIROBI  | 5 — KAJIADO |
| 2 — MACHAKOS | 6 — KISUMU  |
| 3 — KIAMBU   | 7 — MOMBASA |
| 4 — NAKURU   | 8 — KILIFI  |



Much like our work in Kibera, this expansion will be driven by partnerships and research. Priority counties are being selected based on the number of urban and peri-urban informal settlements they house and how well their county-level strategies align with CFK's strengths and focus areas.

Our team is also conducting ongoing baseline surveys, which will inform the types of interventions we implement in each community and allow us to accurately measure our impact. Instead of establishing brick-and-mortar facilities in new communities, we will collaborate with existing organizations, share and increase resources and expertise, and implement programs that meet the most pressing needs in each area.

OVER THE NEXT FIVE YEARS, WE EXPECT TO

DIRECTLY REACH	INDIRECTLY IMPACT
<b>1.5 MILLION</b>	<b>&amp; 10 MILLION</b>
INFORMAL SETTLEMENT RESIDENTS	INFORMAL SETTLEMENT RESIDENTS
with critical public health, education, and economic development programs.	

# THE CFK AFRICA COMMUNITY PREFERRED MODEL

Based on more than 20 years of experience and strong partnerships with government, public sector, and research partners, CFK Africa developed the Community PREFERRED model, which illustrates how to lead equitable research and sustainable community-based programming that transforms lives and informs policies.



# HEALTHY COMMUNITIES FUEL GLOBAL PROGRESS

## THE CHALLENGE

Despite national progress, informal settlements continue to face a disproportionate share of health burdens that largely affect women, children under-5, youth, the elderly, and people living with disabilities.

Over the last two decades, Kenya has made significant progress in improving key health indicators. Between 2000 and 2019, maternal mortality and under-5 mortality declined by over 50%, average life expectancy increased by about 15 years, and HIV prevalence among those aged 15-49 reduced 50%. Despite Kenya's progress, these impacts are not evenly distributed across the nation. Informal settlements continue to struggle disproportionately with weak health infrastructures, poor housing conditions, and high rates of unemployment and poverty that limit residents' access to quality health care and result in poor health-seeking behaviors.

## CFK AFRICA'S RESPONSE

Strengthening health systems and improving health-seeking behaviors to increase the supply of and demand for essential primary health care services in informal settlements.

CFK improves access to affordable and high-quality primary health care services in informal settlements by building local capacity, implementing behavior change communication strategies, advocating for policy change, and supporting health care facilities with essential products and services in five key focus areas: 1) maternal and child health; 2) water, sanitation, and hygiene (WaSH); 3) adolescent and youth health; 4) nutrition; and 5) clinical services.

## MATERNAL AND CHILD HEALTH

Services reduce maternal, perinatal, infant, and childhood morbidity and mortality from preventable illnesses by increasing access to care, improving communication strategies concerning family planning, and strengthening monitoring and referral systems through Community Health Volunteers (CHVs).

**NEARLY 1 IN 5 ADOLESCENT GIRLS IN KENYA AGED 15-19 IS EITHER PREGNANT OR ALREADY A MOTHER.**



**THERE IS ONLY ONE WASH STATION PER 2,000 PEOPLE IN KIBERA.**

Every dollar invested in WaSH services generates returns ranging from \$5 to \$46 due to decreased health care costs and increased productivity.

## WATER, SANITATION, AND HYGIENE (WASH)

Activities reduce preventable waterborne and sanitation-related illnesses by providing access to clean water and improving hygiene and sanitation behaviors at the individual, household, school, and community level. They also equip communities with soap-making skills and clean water storage, train WaSH champions to advocate for the importance of WaSH in their communities, and strengthen messaging concerning best practices in WaSH.

**ADOLESCENT AND YOUTH HEALTH:** activities improve youth health by strengthening youth-centric health messaging, offering youth-friendly health services, and increasing the percentage of young people seeking health care services, including family planning, counseling, and HIV testing, among others.

**NUTRITION:** initiatives improve the nutritional status of children under-5 and prevent nutrition-related morbidity and mortality by increasing the availability of quality nutrition services, improving communication with households on the importance of nutrition, and strengthening the capacity of CHVs and caregivers to identify, monitor, refer, and manage cases of malnutrition.

**CLINICAL SERVICES:** services improve primary health by increasing the availability and range of services offered at local health facilities, equipping CHVs with the skills needed to provide essential health services, and strengthening communication about the importance of preventive health measures.



There are **fewer than 500 mental health specialists** to serve Kenya's population of over **53 million**.



About **1 in 4 children in Kenya under-5 are stunted**. Stunting (low height-for-age) is a form of malnutrition that can keep children from reaching their full physical and cognitive potential.



Though cervical cancer is one of the most common cancers among women in Kenya and is highly curable in early stages, **only 16.4% of women aged 30-49 in Kenya have been screened for cervical cancer**.

# BRIDGING THE GAP BETWEEN CLINICS AND COMMUNITIES

Soon after moving to Kibera in 2000, Quinter began noticing that many of her neighbors were not accessing health care services and did not understand the importance of seeking out regular care in clinic settings. She quickly learned that many women felt uncomfortable visiting a clinic or hospital, even when they or their children were in need of care.

That gap between clinics and the community inspired Quinter to become a Community Health Volunteer (CHV).

After nearly two decades of building relationships and learning about the challenges women were facing firsthand, Quinter became a CHV in 2018. Through CFK, she was trained on supporting women throughout their pregnancies, making soap, and mitigating COVID-19. Now, she works to encourage positive health behaviors among a group of “Neighbor Women” (women living in her community).

Over the past three years, she has earned the trust of Neighbor Women and encourages them to access regular care in a clinic setting. Now, some women even ask her to go with them to their appointments.

Quinter checks in with her group of Neighbor Women at least three times per week, bringing her four-month-old child with her as she works.

As a mother of five children, Quinter understands the health care services that

women should be accessing during and after childbirth, and she is well-trained in monitoring for warning signs during pregnancy. She gave birth to her youngest child last year at CFK’s Tabitha Maternity Home, and she and her family regularly attend Tabitha Medical Clinic for care.

“  
I KNOW THE WOMEN BECAUSE I  
LIVE IN THE SAME COMMUNITY  
AS THEM. I AM HERE EVERY  
DAY. THEY KNOW ME, THEY  
KNOW MY HOUSE, AND IF  
ANYONE HAS A PROBLEM,  
THEY COME TO ME FOR HELP.”

-QUINTER



In addition to routine check-ins, Quinter makes referrals to health care facilities as needed, which helps save lives. One day, she visited a woman who had recently lost her husband. The woman was suffering from grief and depression, struggling to find the energy to do anything, and her child was severely ill. During the visit, Quinter, with the mother’s consent, took the child to Tabitha Medical Clinic for treatment. She remains friends with the mother and was happy to report that the child is in good health.

Beyond her role as a CHV, Quinter also has an interest in entrepreneurship and teaching women new skills. She sells homemade soap in her community and trains other CHVs and Neighbor Women to make their own soap. Since early 2020, Quinter has trained 60 women in soap making, helping them improve hygiene within their homes and providing them a way to earn money throughout the COVID-19 pandemic.

“My biggest dream is to see a community with healthy people, cleanliness, and women who are willing and able to earn money for themselves and their families,” Quinter said. “When I first came to CFK, I didn’t have any skills, but now I am somewhere, and that is because of CFK. I have benefitted by gaining skills, being able to train other CHVs and women in my community, and earning a stipend. I am really grateful for what CFK has done here in Kibera because it is amazing.”

# LOCAL LEADERS DRIVE EQUITABLE DEVELOPMENT

## THE CHALLENGE

Informal settlements are home to millions of people with essential skills and entrepreneurial drive, but income and gender inequality, barriers to access, and limited opportunities continue to fuel cycles of poverty and poor health outcomes.

Prior to the COVID-19 pandemic, Kenya had one of the fastest growing economies in Africa. Still, the formal sector only generates about 20% of the jobs needed to meet the increasing demands of Kenya’s labor force, and opportunities remain unevenly distributed. Largely employed in the informal economy, people living in informal settlements are especially vulnerable to income inequality and instability. Most live on less than \$2 per day, limiting their ability to save and build generational wealth. Without paid leave, many do not have the luxury of staying home when they are sick, which often leads to poor health outcomes. And with limited access to quality education, thousands of students every year don’t have the opportunity to reach their full potential.

Adolescent girls and young women face heightened challenges, including sexual and gender-based violence, early marriage, and teenage pregnancy, and they are 30% less likely than their male counterparts to have the same health, education, and economic opportunities.

## CFK AFRICA’S RESPONSE

Improving living standards, strengthening economic resilience, and improving educational outcomes in informal settlements.

CFK improves economic resilience and educational outcomes at the individual and household level by building local capacity and supporting residents with targeted training opportunities and financial support through two key areas: 1) Education & Youth Development, and 2) Livelihoods.

## EDUCATION & YOUTH DEVELOPMENT

Engage youth in formal, vocational, and skill-development training opportunities, preparing them to enter the job market, start their own businesses, or pursue further education.

Provide scholarships, mentorship, and career guidance to keep vulnerable youth in school and empower them to plan for their futures.

Improve the quality of public schools by encouraging and supporting schools in adopting data-driven best practices that increase student attendance and academic success.



14.2% OF YOUTH  
AGED 20-24 IN KENYA  
ARE UNEMPLOYED

THIS PERCENTAGE IS LIKELY GREATER  
IN INFORMAL SETTLEMENTS.

IN KENYA, NEARLY  
1.8 MILLION  
CHILDREN  
AND ADOLESCENTS  
AGED 6-17 ARE NOT  
IN SCHOOL.

## LIVELIHOODS SUPPORT

Increase income-generating activities among households by engaging residents in critical business and entrepreneurship training, connecting them to funding opportunities, and lobbying for government inclusion of vulnerable groups in business loans or grants.

Train residents on best practices in financial management, allowing them to budget for their needs and save money.

## SCHOLARSHIP ALUMNI ASSOCIATION

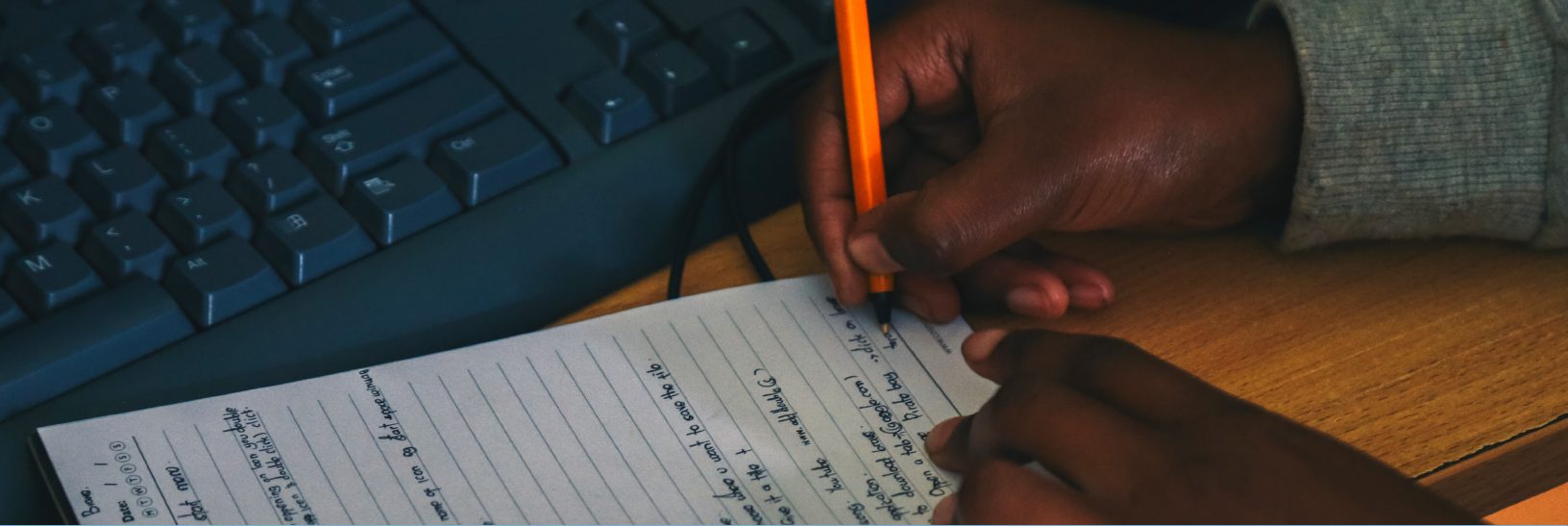
CFK Angaza alumni partnered with staff to launch an Alumni Association, engaging alumni in a supportive network and in service opportunities for their communities. Fully led by alumni, the group meets four times a year to share ideas on how to strengthen the scholarship program and increase engagements between current students and alumni.



70% of parents in Kibera experienced a partial or complete loss of income during the COVID-19 pandemic



38% of Kenya’s population is financially literate



# THE POWER OF PERSEVERANCE

Born and raised in Kibera, Eunice Mogusu has endured financial challenges her entire life. Now, she serves as an inspiration to other hardworking youth navigating Kenya's competitive job market.

Eunice graduated in 2021, in the midst of the COVID-19 pandemic. Even with a university degree, she struggled to find a job in an increasingly competitive and unstable job market. Fortunately, one of her friends referred her to a work readiness training at CFK, which helped her gain new skills and perspectives.

"I learned skills that they didn't teach us in school, like how to interact with colleagues, write proposals, and manage my finances," she said. "The skills were also timely. For example, we do not have much of a saving culture in Kenya, so when the pandemic hit, we were completely unprepared. Now, I have learned that saving even little by little is critical and can help in the most difficult times."

After she completed the work readiness training through CFK, our team connected Eunice with another organization for a more tailored training opportunity in customer service. She now works as a Customer Service Agent with one of Africa's largest online shopping platforms.

**“  
GROWING UP IN KIBERA IS TOUGH  
BECAUSE YOU LIVE EVERY DAY  
HAND-TO-MOUTH. EVEN GETTING  
MONEY FOR SCHOOL FEES WAS A  
CHALLENGE FOR ME, BUT  
THANKS TO THE HARD WORK OF  
MY MOTHER, I WAS ABLE TO  
ATTEND UNIVERSITY AND STUDY  
MASS MEDIA AND  
COMMUNICATIONS WITH A FOCUS  
IN PUBLIC RELATIONS.”**

**-EUNICE**

"I draw on the skills I gained through CFK almost daily," Eunice shared. "I used to struggle to connect and bond with others, but now I am confident in interacting with different people every day. I am always ready to listen, improve, and find an amicable solution."

Due to COVID-19, Eunice has been working from home, which can be challenging in Kibera where the internet connection is unreliable and noise travels easily between the tightly packed homes. Still, Eunice is grateful for the experience and has even been able to save money she would have otherwise spent on transportation to an office.

"Since I started this job, I've been investing in the upkeep of my family as much as possible," Eunice said. "I help my mother pay for my younger sister's college fees, and I use some of my savings to take additional courses to boost my public relations degree."

Committed to building a career in communications, supporting her family, and giving back to her community, Eunice never turns down an opportunity to offer advice to other youth struggling with unemployment. She maintains a strong connection with CFK and is always willing to share her experiences with new cohorts going through our work readiness training, showing them the power of perseverance.

"My advice to other youth is to go for what you want in life," Eunice said. "People should not bring you down, no matter what. Giving up is not an option. You should believe in your dreams and your potential and never stop striving. That is what I live by."

# EDUCATION ENDOWED SCHOLARSHIPS

CFK Africa was founded on the idea that talent is universal, but opportunity is not. Our scholarship program is changing that narrative by providing sustainable funding to promising young leaders - investing in their potential, providing them with leadership training, and connecting them to additional resources such as mentorship and career guidance.

Scholarships transform lives, demonstrate our commitment to investing in local youth and future leaders, and help us build trust in the communities we serve, which is critical as we begin expanding our services to new informal settlements.

2021 was a pivotal year for our scholarship program, as we launched two new named scholarship opportunities endowed through the UNC Management Company.

After an initial target of \$1 million for these endowed Funds, CFK has set an ambitious goal to raise

## \$2 MILLION

to ultimately support 120 youth leaders per year in perpetuity.



## LUX SIT SCHOLARSHIP FUND

Established in honor of Rye Barcott's late father, Tim Schwartz-Barcott, the Lux Sit Scholarship Fund will fully support the educational journey of youth leaders in Kenya for as long as their educational needs require.

All students receiving a Lux Sit Scholarship will participate in CFK activities, such as leadership training and community service.

A U.S. Marine, dedicated mentor, and advocate for peace, Tim was committed to education and public service. For much of his life, he marked correspondence to friends and family with "Lux Sit," which translates from Latin to "Let there be light." The Lux Sit Scholarship Fund furthers Tim's legacy by inspiring and transforming the lives of countless youth in some of the world's most disadvantaged communities.

## JAMES E. ROGERS SCHOLARSHIP FUND

Established in memory of the late Jim Rogers, the James E. Rogers Scholarship Fund will support promising young students throughout high school and college, providing sustainable funding that allows students living in challenging environments to focus on their coursework and access leadership training, mentorship, and career guidance through CFK.

A sustainability champion and former CEO and Chairman of Duke Energy, Jim was committed to improving lives around the world and often asserted that access to electricity should be a basic human right.

The James E. Rogers Scholarship Fund will help equip new generations of young leaders in Kenya with the skills and opportunities needed to transform lives within their communities.





# TALENT IS UNIVERSAL, OPPORTUNITY IS NOT

Ever since he was a child, Philip Evayo dreamed of becoming a lawyer. He witnessed frequent instances of domestic violence and child abuse in the village where he grew up and recognized the need for action to address these social injustices. He was determined to be part of the solution, to help give a voice to people who historically didn't have one.

But despite his dedication and talent, Philip faced many obstacles on his journey to law school.

After his father passed away, Philip moved in with his older brother in Kibera. His brother was studying medicine at a university in Nairobi at the time, and he immediately suspended his studies to help Philip pay for his primary school fees.

At the end of primary school, Philip took the Kenya Certificate of Primary Education (KCPE), a national exam that determines the type of high school in which students can enroll. He scored 350 marks, equivalent to about the top 10th percentile, which could have earned him admission to a top-tier high school. But he couldn't afford to attend. Determined to continue his education, Philip applied for various scholarships to no avail.

While disappointed in the outcome, Philip persevered. His brother encouraged him to sit for the KCPE again, which he did, scoring even better on the exam the following year.

Immediately after receiving his test scores, Philip threw himself into scholarship applications a

second time. As the next school year quickly approached, he began to worry that he would be forced to repeat the process a third time. But then he learned that he had received an Angaza scholarship from CFK.

“IT WAS THE BEST THING TO HAVE EVER HAPPENED TO ME. I WAS WORRIED ABOUT MY FATE, THAT I WOULDN'T GET TO PURSUE MY DREAMS, BUT WHEN I JOINED CFK I WAS ABLE TO GO TO THE HIGH SCHOOL OF MY CHOICE. FROM THERE, I KNEW I WAS GOING TO OBTAIN THE BEST SECONDARY EDUCATION POSSIBLE, WHICH WOULD ENABLE ME TO PURSUE THE CAREER OF MY DREAMS.”

-PHILIP



In high school, Philip excelled in more than academics. He campaigned for leadership positions in his school each year and was eventually elected as class President. He also regularly engaged in community service opportunities, such as helping clean the streets of Kibera.

“CFK taught me how to be a servant leader, which gave me the courage to apply for leadership positions in high school,” he said. “Participating in service work also gave me the belief that we can change people's lives and help create a better environment even by doing small things.”

As Philip prepared to graduate from high school, CFK assisted him in planning for the next step: applying for university. Set on pursuing a career in human rights, Philip applied to study law at one of Kenya's leading universities. Though he is still completing his degree, he is already planning for the future.

“After I graduate from university, I will offer free legal services to Kibera residents,” Philip said. “At some point, I'm also determined to set up a law firm in Kibera where residents can seek accessible legal services.”

While he is committed to giving back to his community, Philip recognizes that he will also need to make enough money to support himself. He has a plan for that too.

Philip currently owns a poultry farm, which he calculates will be producing enough revenue to help him pay his bills and support some of his family members after he graduates. Building on his experience in agriculture, he has a long-term plan of establishing an aquaculture farm, which will produce fish and help employ other youth in Kibera.

“I will forever remain grateful to the CFK community,” Philip said. “It has been my home, my family, and my epitome of hope. The word Angaza means to “shed light,” and the Angaza scholarship has truly brought light to my life. Now, I can help bring light to other residents of Kibera.”

# RESEARCH INFORMS POLICIES AND PROGRAMS

Informal settlements are not stationary. They are ever-changing and require organizations to consistently adapt to emerging and evolving needs. CFK Africa has spent the last 20 years developing an equitable research platform, which produces tangible benefits to the communities in which we work.

Our research platform operates on two levels:

**Community:** Community input as a part of regular monitoring and evaluation led by CFK staff drives program development, guides implementation, informs program adaptations, and helps us determine program success.

**Collaboration:** Partnerships with local and international research institutions, expert faculty members, and top-tier universities continue to build local research capacity and generate actionable findings that improve service delivery and shape national policy.

## COMMUNITY CASE STUDY: THE HISTORY OF CFK AFRICA'S NUTRITION PROGRAM

The eight-year evolution of our Lishe Bora Mtaani nutrition program illustrates how CFK adapts programs and incorporates community input to improve service delivery and maximize impact.

2013

After identifying high rates of under-5 malnutrition in Kibera, CFK begins monitoring for and treating malnutrition cases at Tabitha Medical Clinic.

2015

CFK establishes the Lishe Bora Mtaani Nutrition Centre – the first of its kind in Kibera – to provide nutrition training for caregivers and tailored nutrition support to children under-5.

The Centre operates on a daycare model, meaning caregivers drop their children off in the morning and pick them up in the evening. Caregivers also have the opportunity to participate in trainings on nutrition and hygiene. Many become nutrition champions in the community and help refer additional children in need of malnutrition treatment.

CFK staff, Community Health Volunteers (CHVs), and early childhood development educators provide children with three nutritious meals per day, continually monitor their growth, ensure they reach cognitive development milestones, and provide them with supplements as needed throughout an eight-week program.

2020

CFK adapts the Nutrition Centre's model in response to the COVID-19 pandemic and emerging needs. Instead of operating on a daycare model, CFK staff send food packages and supplements home with caregivers to continue supporting children in the program. Pick up times are staggered to ensure patients and staff can follow social distancing measures, and CHVs continue to monitor children's growth by doing home visits for those in the program.

CFK begins partnering with early childhood development centers to expand the nutrition program's reach.

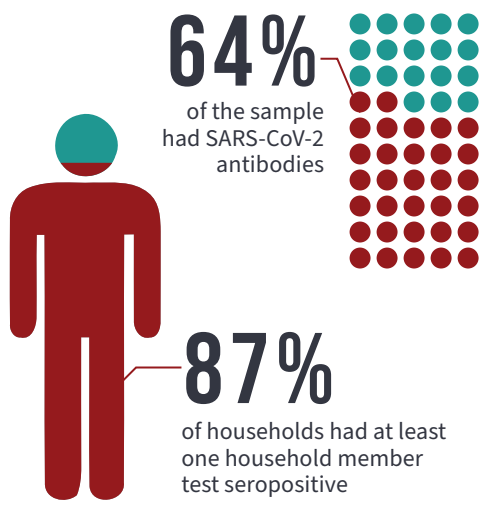
2021

Still operating on its partnership and home-based care model, CFK's nutrition program reaches 17,000+ children and all 13 villages in Kibera.

In response to the success and cost-effectiveness of the new model, CFK decides to re-focus on expanding its nutrition program through partnerships with CHVs, informal schools, and early childhood development centres.



# FEATURED RESEARCH COLLABORATIONS



## COVID-19 RESEARCH IN PARTNERSHIP WITH THE CDC AND KEMRI

The Population-Based Infectious Disease Surveillance (PBIDS) platform that we operate in partnership with The U.S. Centers for Disease Control and Prevention and Kenya Medical Research Institute informed a policy brief on the seroprevalence of SARS-CoV-2 antibodies in Kibera in June 2021.

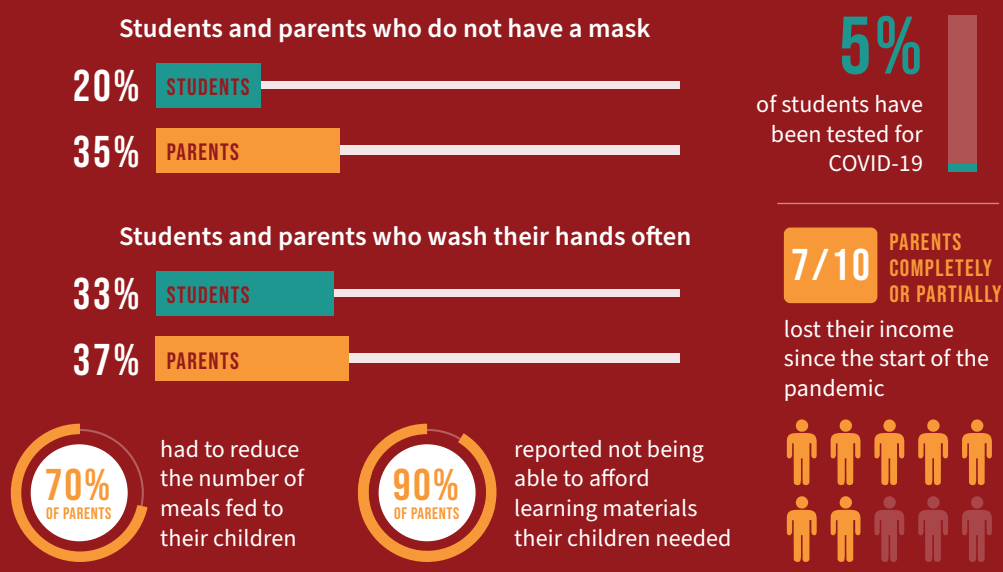
These findings indicated a high rate of COVID-19 transmission in the community and emphasized the importance of adhering to public health protocols and administering COVID-19 vaccines in Kibera.

**seroprevalence:** the percentage of people in a population who have antibodies in their blood that show they have been exposed to a virus or other infectious agent.



## COVID-19 RESEARCH IN PARTNERSHIP WITH KENYATTA UNIVERSITY

In partnership with Dr. Kiruthu Felix and Dr. Muna Wilson at Kenyatta University, we published an article titled “The Impact of Covid-19 on the Wellbeing of School-Going Children in Kibera Slum, Nairobi, Kenya” in the internationally peer-reviewed Msingi Journal. Findings below are from a sample of 52 parents and 132 school-going children.



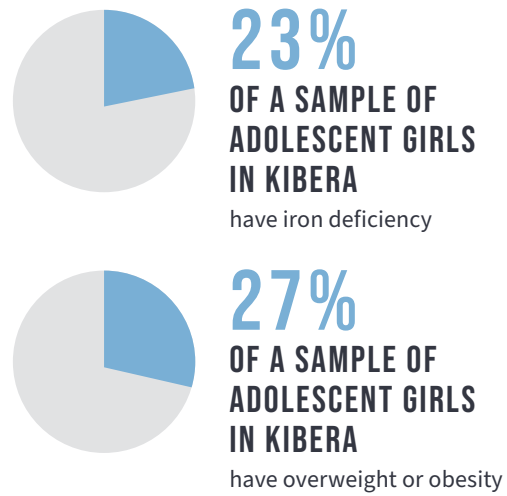
This research illustrated the major challenges of mitigating COVID-19 and bringing children in informal settlements back to school safely. Economic challenges and resource limitations have made at-home learning and adhering to public health protocols virtually impossible throughout the pandemic.

Explore all of our findings in the full article at [cfkafrica.org/msingi-journal-article](https://cfkafrica.org/msingi-journal-article)

## NUTRITION RESEARCH IN PARTNERSHIP WITH THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL

Stephanie Martin, Ph.D., a faculty member in the Department of Nutrition at UNC's Gillings School of Global Public Health, doctoral student Emily Seiger, and other nutrition faculty worked with our team to research obesity, iron deficiency, and dietary diversity among adolescent girls in Kibera.

These findings demonstrate a dual burden of malnutrition and indicate the need to address all forms of malnutrition and improve dietary diversity. Additionally, the results will help inform future nutrition interventions to help improve the health of adolescent girls and young women living in informal settlements.



DIETARY DIVERSITY AMONG ADOLESCENT GIRLS IS LOW. <3% of girls achieved minimum dietary diversity (at least 5/10 food groups)

# LASTING LEADERSHIP

We have a dedicated team of Board and Advisory Council members who volunteer their time and expertise to maximize CFK Africa's impact. They provide us with a strong, steady foundation even through the most difficult times, and we are forever grateful for their support and expertise.

CFK Africa is a 501(c)3 nonprofit in the U.S. and a registered NGO in Kenya. We have a U.S. Board of Directors and Kenya Board of Trustees that serve together on a Joint Board.

In 2021, we welcomed Rosemary Maina, Senior Associate at Anjarwalla & Khanna, and Dr. Suzanne Maman, Professor and Associate Dean of the Gillings School of Global Public Health at the University of North Carolina at Chapel Hill, to our Board of Directors.

## BOARD OF DIRECTORS

**RYE BARCOTT, CHAIR** | Co-Founder, CFK Africa and Co-Founder and CEO, With Honor

**BRETT BULLINGTON** | Angel Investor and Advisor to Start-ups, Technology Entrepreneur

**JENNIFER COFFMAN, PH.D.** | Professor of Integrated Science and Technology, School of Integrated Sciences, James Madison University

**JIM HERRINGTON, PH.D.** | Co-Founder and Director, Drone Data and Film® Photography and Retired Professor, Department of Health Behavior, UNC-Chapel Hill

**FRANCIS KIBET, TREASURER** | Manager, IT Audit Services, Duke Energy Corporation

**GEORGE KURIA** | Chief Executive Officer, ACRE Africa

**ROSEMARY MAINA** | Senior Associate, Anjarwalla & Khanna | ALN

**SUZANNE MAMAN, PH.D.** | Professor and Associate Dean, Gillings School of Global Public Health, UNC-Chapel Hill

**JAMES NDIANG'UI** | Senior Finance, Administration and Compliance Manager, Malawi at Counterpart International

**JOSEPH NGANGA, SECRETARY** | Executive Director, Smart Power Africa, Power Initiative, The Rockefeller Foundation

**DICKSON OMONDI** | Regional Director, Southern and East Africa, National Democratic Institute for International Affairs (NDI)

**CLAIRE ROTICH** | Senior Associate, Health Industries Advisory, PwC

**RON STRAUSS, D.M.D., PH.D.** | Executive Vice Provost, UNC-Chapel Hill

**JAMES PEACOCK, PH.D., HONORARY MEMBER** | Kenan Professor of Anthropology, UNC-Chapel Hill

## ADVISORY COUNCIL

In 2021, we welcomed Kathleen McGinn, Cahners-Rabb Professor of Business Administration at Harvard Business School, and Rebecca Martin, Vice President for Global Health at Emory University, to our Advisory Council. These highly qualified new members will bring fresh perspectives and diverse expertise to our leadership team, helping guide the next stage of CFK's growth.

**MADELEINE ALBRIGHT, PH.D. (IN MEMORIAM)** | 64th U.S. Secretary of State

**KAREN AUSTRIAN, PH.D.** | Director, GIRL Center and Senior Associate, Population Council

**YANIV BARZILAI** | Foreign Service Officer, U.S. Department of State; Former CFK Peacock Fellow

**STELLAH BOSIRE, M.D.** | Co-Executive Director, UHA! East African Sexual Health & Rights Initiative

**ROBERT BREIMAN, M.D.** | Emory University Professor; Former Director, CDC Global Disease Detection Division in Kenya

**PETER DIXON** | Founder and CEO, Second Front; Former CFK Peacock Fellow

**BILL GEORGE, PH.D.** | Professor, Harvard Business School; former CEO, Medtronic

**CHRISTOPHER HUNT** | Professor of Practice, Imperial Business School in London

**ORLANDO LYOMU** | Group CEO and Managing Director, The Standard Group Pl

**REBECCA MARTIN, PH.D.** | Vice President for Global Health and Director of the Emory Global Health Institute, Emory University

**KATHLEEN MCGINN, PH.D.** | Cahners-Rabb Professor of Business Administration; Co-Unit Head, Negotiation, Organizations & Markets, Harvard Business School

**JOSEPH NYE, PH.D.** | Harvard University Distinguished Service Professor, Harvard University Center for the Environment, Harvard Kennedy School, Belfer Center for Science and International Affairs

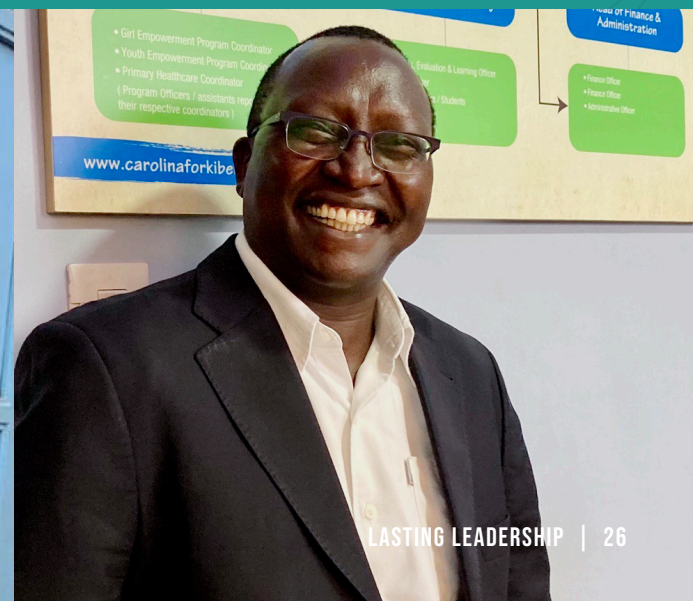
**WILLIAM ROPER, M.D.** | Interim President, UNC System; Former Director, U.S. CDC

**ENGLISH SALL, PH.D.** | Board Member, Sall Family Foundation; Adjunct Professor, UNC School of Public Health

“

My time with CFK propelled me in an unexpected direction, away from math and physics and towards a career in international relations and public service. I eventually found my way into the U.S. government as a diplomat and have tried to apply the concept of participatory development to high-level diplomatic engagement the United States conducts around the world. CFK occupies a special place in my heart, but also in my philosophy, about how to enact meaningful change.”

- YANIV BARZILAI



# 2021 FINANCIAL OVERVIEW

REVENUE  
**\$4,139,015**

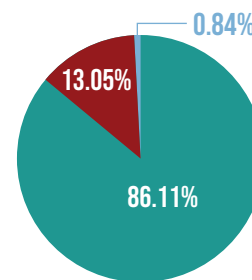
EXPENSES  
**\$2,968,805**

TOTAL ASSETS  
**\$7,129,026**

Despite global economic challenges resulting from the COVID-19 pandemic, CFK Africa has continued to increase revenue and keep administrative costs low so that support goes where it is most needed.

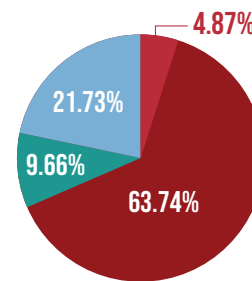
Over the past four years, CFK has steadily increased its annual operating budget from \$1.2 million in 2018 to \$3 million in 2021, using data and research to identify and address the most pressing problems faced by residents of Kenya's informal settlements. Over the next five years, CFK anticipates nearly doubling its operating budget to align with expansion initiatives as part of its new strategic plan.

*Data from FY 2021 audited financials*



## CFK EXPENSES

- Programs
- Administration
- Fundraising



## CFK PROGRAMMING

- Primary Healthcare
- Research & Development and Special Programs
- Education & Livelihoods
- Girls' Empowerment



# ASAMITE SANA THANK YOU

IN 2021, CFK LAUNCHED A \$20 MILLION CAPITAL CAMPAIGN TO SUSTAINABLY FUEL THE EXPANSION OF OUR PROGRAMMING TO ADDITIONAL INFORMAL SETTLEMENTS IN KENYA. WE WANT TO THANK OUR INITIAL SUPPORTERS FOR PROVIDING US WITH OVER \$2 MILLION IN SUPPORT OF THE CAMPAIGN IN ITS FIRST YEAR.



Department of Health and Department of Education in the counties of Kajiado, Kiambu, Kilifi, Kisumu, Machakos, Mombasa, Nairobi, and Nakuru.



# THE JUNCTION

The Junction is our group of dedicated, recurring donors who together transform lives in informal settlements across Kenya by providing sustained financial support. Junction Members' regular, predictable donations allow CFK Africa to focus more of our work in the communities we serve rather than on administrative fundraising.

After 20 years of working in Kibera, we know that change does not happen overnight. It requires patience, dedication, and perseverance. Monthly donations allow us to make long-term commitments to communities, maintain financial security through challenging times, and confidently plan for sustainable growth. We thank all of our Junction members for providing financial stability throughout the COVID-19 pandemic and positioning us for greater impact in the years to come.

**We invite you to join us at the Junction today and help extend our impact to millions more living in informal settlements. Donate at: [cfkafrica.org/join-the-junction](https://cfkafrica.org/join-the-junction).**

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