

GROWTH

CFK Africa 2022 Annual Report





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CFK Africa is a registered NGO in Kenya and 501(c)(3) nonprofit in the U.S. that improves public health and economic prosperity in informal settlements through participatory research, primary health care, and education.

NURTURING COMMUNITY-LED GROWTH, YIELDING RESULTS

CFK AFRICA IS NO STRANGER TO GROWTH.

What started with \$26 in 2001 has grown from a small sports-for-development initiative and a one-room clinic to a leading NGO delivering high-quality primary health services to thousands of patients, developing hundreds of impressive young leaders through education and youth development programming, and partnering with top-tier institutions to facilitate participatory research and inform policy.

2022 MARKED A NEW PERIOD OF GROWTH FOR OUR ORGANIZATION.

We began the year by announcing our new name, CFK Africa, to reflect our ambitious plans to expand to 24 informal settlements across eight counties in Kenya. Over the course of 2022, we developed and launched a new five-year strategic plan, guiding our expansion efforts and helping us find balance between strengthening our work in Kibera and amplifying our impact to additional communities.

Our research team completed baseline surveys in Kajiado, Kiambu, Kilifi, Kisumu, Machakos, Mombasa, Nairobi, and Nakuru, highlighting existing resources and identifying the largest needs in each county to inform our plans for growth. Meanwhile, staff worked hard to establish partnerships with county governments, schools, and community-based organizations, helping to facilitate our entry into new counties and build relationships with new communities.

For the first time, we awarded scholarships to students living in informal settlements outside of Kibera, providing support to 79 promising young leaders who have lived through extreme adversity and have big visions for their futures.

These scholarships were funded in part by our newly endowed Lux Sit and James E. Rogers Scholarship Funds, which are close to reaching their \$2 million dollar goal ensuring sustainable scholarship funding for dozens of students every year.



In addition to laying the foundation for our growth across Kenya, we deepened our work in Kibera. Highlights from 2022 included successfully integrating nutrition interventions into health facilities, schools, and community centers, allowing us to screen over 30,000 children under-5 for malnutrition and providing treatment for over 600 malnourished children at our Tabitha Medical Clinic and Tabitha Maternity Home. We also opened a Menstrual Hygiene lab in our CFK Africa Headquarters, providing a safe, educational space where youth can learn about sexual and reproductive health and access menstrual health resources.

THANK YOU FOR BEING A PART OF OUR JOURNEY AND CONTRIBUTING TO OUR CONTINUED GROWTH.

We recognize that this next stage will challenge us in new ways, and we will draw on our 20+ years of experience in Kibera, our deep connections in Kenya and around the world, and our commitment to participatory development to partner with communities to improve public health, develop young leaders, and build economic resilience. **We couldn't do this work without our dedicated Board and staff members, foundation partners, donors, and community collaborators, and we look forward to moving together into this next stage.**

Hillary Omala
Executive Director

Mary Ndiba
Chief Operating Officer

Rye Barcott
Co-founder; Board Chair

Beth-Ann Kutchma
Director of Strategic Partnerships

HIGHLIGHTS

2022 IN HIGHLIGHTS

Aligned with our participatory development model, the writing of this annual report and collection of data was collaborative, involving all CFK Africa departments and programs. Photos used were submitted by board members, staff, and community members.

NEW BRAND & WEBSITE

We began 2022 by announcing our new name and brand, and we ended the year by launching a new website to reflect our impact within Kibera and planned growth to additional informal settlements.



POLICY ENGAGEMENT

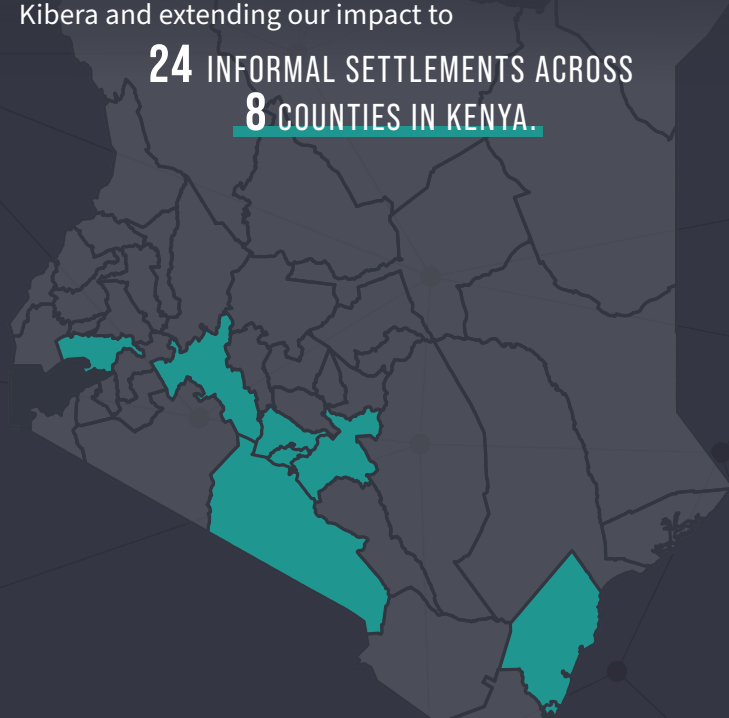
Recognizing our strength in service delivery and health systems strengthening, Nakuru County leadership officially appointed CFK Africa representatives to the writing team of the Nakuru County Community Health Services Strategy 2022-2027.



2022-2026 STRATEGIC PLAN

We launched our new strategic plan, focused on strengthening public health and youth development in Kibera and extending our impact to

24 INFORMAL SETTLEMENTS ACROSS
8 COUNTIES IN KENYA.



MENSTRUAL HYGIENE LAB

We opened a Menstrual Hygiene Lab in our in our CFK Africa Headquarters to educate adolescent girls and boys on menstrual hygiene and sexual and reproductive health, address menstrual shame, and provide critical resources for menstrual hygiene management.

Since opening in May 2022, we have equipped



540 YOUTH WITH INFORMATION & RESOURCES TO PROMOTE MENSTRUAL HEALTH IN THE COMMUNITY.

Our work is informed by the United Nations Sustainable Development Goals (SDGs), an international blueprint to achieve a better and more sustainable future for all.



CONGRESSIONAL DELEGATION VISIT TO KIBERA

We hosted a bipartisan congressional delegation in the weeks following the 2022 Kenyan Presidential Elections. We were honored to have Senators Chris Coons (D-Del.), Rob Portman (R-Ohio), and Representatives Chrissy Houlahan (D-Penn.), David Joyce (R-Ohio), and David Price (D-N.C.) visit our Tabitha Medical Clinic to learn about the population-based infectious disease surveillance platform we operate in partnership with the Centers for Disease Control and Prevention (CDC) and Kenya Medical Research Institute (KEMRI). This platform helps detect, monitor, and respond to infectious disease outbreaks such as COVID-19 and improves access to life-saving healthcare services in Kibera.

SCHOLARSHIP & YOUTH LEADERSHIP COHORT

For the first time, we opened our scholarship recruitment to students beyond Kibera. After receiving

MORE THAN 1,200 APPLICATIONS,

WE SELECTED **79** NEW SCHOLARS,

many of whom were supported by our newly established Lux Sit and James E. Rogers Scholarship Funds.



TRIANGLE BUSINESS JOURNAL AWARD

Triangle Business Journal selected CFK Africa as a 2022 TBJ Corporate Philanthropy Award winner for our efforts to improve public health, education, and economic opportunity in informal settlements.

MEDIA HIGHLIGHTS

We highlighted our thought leadership and enhanced visibility of our work in public health, youth development, and gender equity in local, national, and international publications. CFK Africa experts were featured in leading television broadcasts, radio, and news networks such as the BBC and KBC.

NORTH CAROLINA GLOBAL HEALTH ALLIANCE

As a member of the North Carolina Global Health Alliance (NCGHA), we had the opportunity to meet



WITH LEADERS OF HEALTH DEPARTMENTS FROM **13** DIFFERENT COUNTRIES

and discuss CFK Africa's role in strengthening health systems and global health security.

STRONGER HEALTH SYSTEMS GROW VIBRANT COMMUNITIES:

PRIMARY HEALTH CARE | TUNAIMARISHA AFYA

At CFK Africa, we strengthen health systems and decrease preventable illnesses and deaths in informal settlements by delivering primary health care services, leading public health surveillance, and supporting partner facilities with essential products and services.

Moving beyond clinic walls, we take health promotion into the community, meeting people where they are, addressing misinformation, improving health-seeking behaviors, and encouraging residents to become champions for positive health behavior change. Additionally, our team builds the capacity of local government-owned health facilities to provide quality affordable primary healthcare services.



SUSTAINABLE DEVELOPMENT GOAL HIGHLIGHTS:

- #3: Good Health and Well-Being
- #5: Gender Equality
- #6: Clean Water and Sanitation
- #10: Reduced Inequalities
- #11: Sustainable Cities and Communities
- #17: Partnerships for the Goals

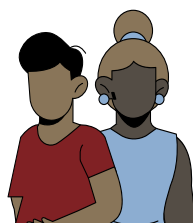
ADOLESCENT & YOUTH HEALTH

Goal: To improve the health and well-being of youth in informal settlements in Kenya.

Strategies:

- Sharing messages encouraging young people to access youth-friendly health services.
- Providing screening, treatment, and referral of health issues related to reproductive health, mental health, cancer, and HIV/AIDS through our Young Health and Wellness Center.
- Supporting county-level departments of health to provide affordable and accessible youth-friendly health services.

2022 IMPACT:



10,080

YOUTH ENROLLED IN PSYCHOSOCIAL SUPPORT SERVICES, including counseling and peer-to-peer support groups.

590

YOUTH PROVIDED WITH HIV/AIDS TESTING AND COUNSELING SERVICES.

3,720

GIRLS PROVIDED WITH SANITARY TOWELS through schools, community safe spaces, and our Menstrual Hygiene Lab.

639 YOUTH SCREENED FOR HEALTH CONDITIONS

including cervical cancer, diabetes, hypertension, mental health, and nutrition. Of youth screened:

44%

HAD NUTRITION NEEDS AND

28%

REQUIRED PSYCHOSOCIAL SUPPORT SERVICES.

CLINICAL SERVICES

Goal: To improve the health and well-being of people living in Kibera and ensure they have access to affordable primary healthcare services.

Strategies:

- Providing **accessible primary healthcare services** through our Tabitha Medical Clinic.
- Forming a strong network of referral systems, ensuring that all people can access and utilize quality healthcare services.
- Sharing messages that increase people's knowledge about available resources and shape positive health behaviors.

2022 IMPACT:

27,805

PATIENTS SERVED AT TABITHA MEDICAL CLINIC INCLUDING 11,270 NEW VISITS.



14,134

PATIENTS RECEIVED TREATMENT for various health conditions, with upper-respiratory diseases being the most common health issue.



2,638

SCREENED FOR HEALTH CONDITIONS including cervical cancer and HIV/AIDS using technologies such as X-ray and ultrasound machines.

101

PATIENTS ENROLLED IN HIV TREATMENT (ART OR PMTCT).

43

PATIENTS ENROLLED IN TB TREATMENT.





MATERNAL & CHILD HEALTH (MCH)

Goal: To reduce maternal, neonatal, and child morbidity and mortality in informal settlements in Kenya.

Strategies:

- Providing maternal and child health services including family planning, antenatal care, safe delivery, and postnatal care through our Tabitha Maternity Home.
- Supporting county-level departments of health to provide quality, affordable MCH services.
- Sharing messages throughout the community to promote healthy behaviors.
- Supporting healthcare workers with training, medical supplies, and supportive supervision.
- Facilitating emergency transportation and referrals.

2022 IMPACT:

305

SAFE DELIVERIES
managed by skilled healthcare workers with 0 maternal or neonatal deaths.

8,996

CHILDREN REACHED WITH CHILD WELLNESS SERVICES, including immunizations, treatment for childhood illnesses, and nutrition support.

547

WOMEN PROVIDED WITH POST-NATAL CARE including counseling on post-partum family planning and child spacing, breast feeding, and general maternal and child health.

~ 99% of clients surveyed reported that our MCH **services are easy to access.**

> 97% said that our MCH services **were better than those offered** at comparable facilities, and

90% expressed that the **services are important.**

NUTRITION

Goal: To improve the nutrition status of children under 5 in informal settlements in Kenya.

Strategies:

- Increasing community awareness of healthy nutrition practices.
- Training caregivers and community health volunteers to identify and refer malnourished children for treatment.
- Screening and treating children under-5 for malnutrition.
- Building the capacity of government facilities in additional informal settlements to be able to screen and treat children under-5 for malnutrition.
- Supporting de-worming and Vitamin A supplementation efforts.

2022 IMPACT:

30,344

CHILDREN SCREENED FOR MALNUTRITION AT HEALTH FACILITIES, SCHOOLS, AND COMMUNITY CENTERS.

13,198 PEOPLE PROVIDED WITH INFORMATION ON UNDER-5 NUTRITION.

803 CHILDREN WERE IDENTIFIED WITH MALNUTRITION.

642 RECIEVED TREATMENT AT CFK AFRICA'S HEALTH FACILITIES and 163 were referred to other facilities for treatment.

60,000 & 30,000

DEWORMING TABLETS PROVIDED in Nairobi and Machakos counties respectively.

1,500

NURSES, NUTRITIONISTS, COMMUNITY HEALTH VOLUNTEERS, AND CAREGIVERS were trained to provide quality nutrition services in the community.

WATER, SANITATION AND HYGIENE (WASH)

Goal: To improve sanitation and hygiene practices and ensure that all people living in informal settlements have access to adequate and equitable WASH resources.

Strategies:

- Supporting WASH infrastructure in schools, communities, and health facilities.
- Supporting WASH-related behavior change communication activities in schools, communities, and health facilities.
- Training WASH champions that will operate and manage WASH-related activities at community water points, health centers, and schools.
- Supporting water quality control and assurance activities at schools, community water points, and health facilities.

2022 IMPACT:

34 HAND WASHING STATIONS constructed in schools and at a health facility, serving over **40,002** PEOPLE.

41

MURALS CREATED IN SCHOOLS that promote hand washing and sustainable positive hygiene behaviors, designed and painted by students.

81

ACTIVE HEALTH CLUBS established in schools and **377 WASH CHAMPIONS** trained to manage and promote WASH activities.

11

SCHOOLS in the informal settlements of Kibera, Mukuru, Viwandani, and Mathare received water quality testing.

Join us in our efforts to improve public health in informal settlements through participatory research, primary health care, and education: <https://cfkafrica.org/donate>.



GROUP THERAPY FOR WOMEN PROVIDES PATHS TOWARDS HEALING

Safe 24/7 is a new program by CFK Africa that offers important support for survivors of sexual violence. In a safe setting, participants are able to regain strength and begin healing through shared experiences.

Sexual violence is one of the most critical public health and human rights issues in Kenya and survivors often lack access to affordable, long-term psychosocial support. CFK Africa is working to address this gap by piloting a new group therapy program for sexual violence survivors.

Developed by women, for women and in partnership with the Adelle Onyango Initiative, Safe 24/7 provides a free 14-week group therapy program for survivors of sexual violence. The program also connects women to additional medical and legal services as needed. Medical providers refer women to participate in the program, and additional participants learn about it by word of mouth.

Survivor Ms. Jane* was referred to CFK Africa's Safe 24/7 program after a traumatic incident of sexual violence. A single mother of five children and now a grandmother, Jane is the sole breadwinner in her family. She works hard as a washwoman and usually finds work by sitting outside of estates waiting for homeowners to engage her services. "Working as a washwoman is very difficult," she shared. "Not all customers are good, others are evil and looking for women to mistreat."

After experiencing sexual violence while at work, Jane sought treatment at a local hospital where the staff referred her case to Safe 24/7. The CFK Africa team enrolled her into the program where she connected with other survivors.

"THOUGH I HAD SUFFERED, WHEN I HEARD ABOUT WHAT OTHER WOMEN HAVE GONE THROUGH, I CRIED FOR THEM AND WITH THEM," JANE REFLECTED. "THE SESSIONS CHANGED HOW I FELT AND THOUGHT ABOUT LIFE."

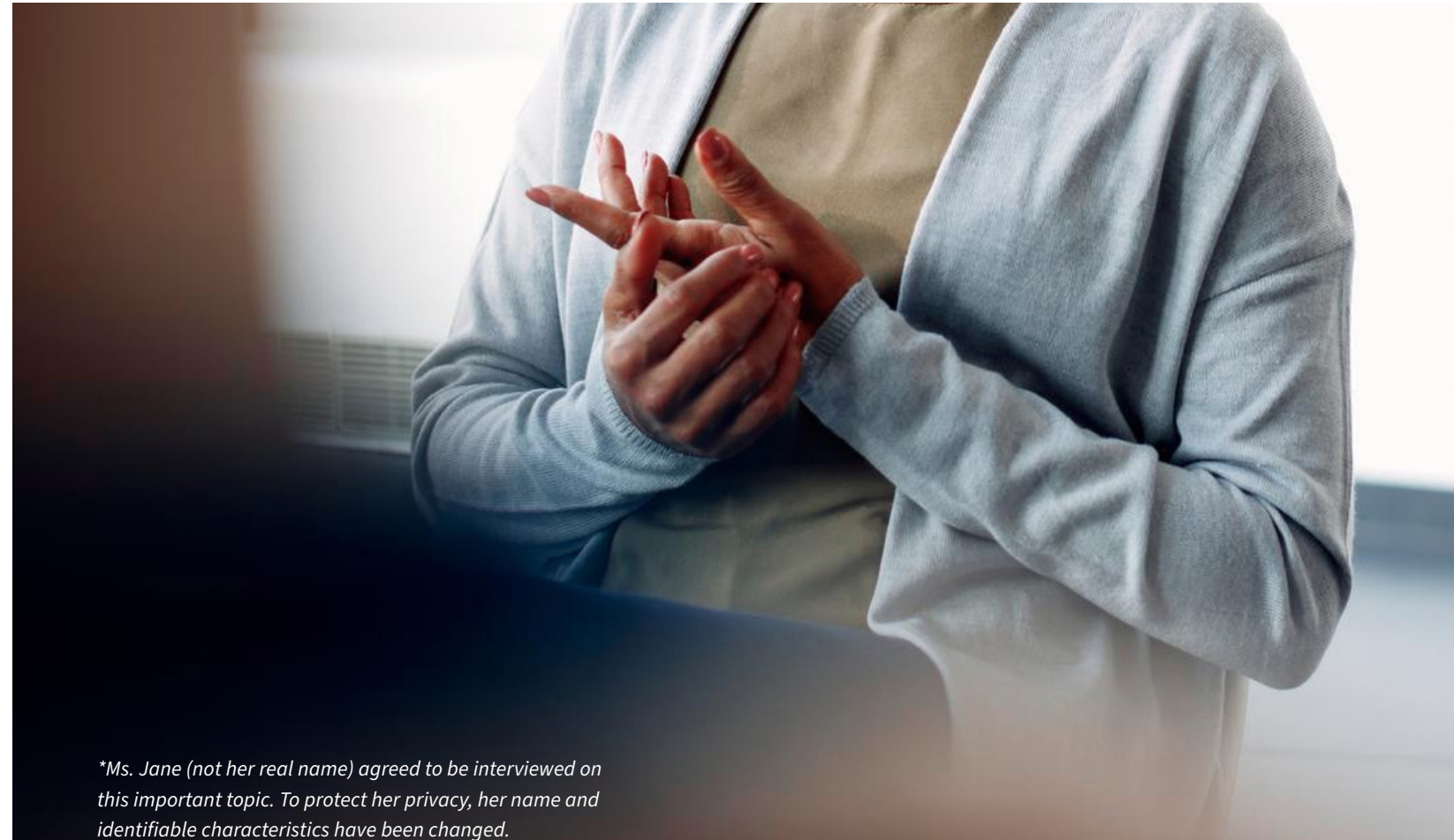
During program sessions, survivors talked about their traumatic experiences, found healing and encouraged each other. Before receiving psychosocial support, Jane experienced severe depression. Safe 24/7 enabled her to begin a journey of healing.

"THROUGH COUNSELING, I FELT I HAD A REASON TO LIVE. I HAVE SINCE ABANDONED NEGATIVE FEELINGS OF UNWORTHINESS AND HATRED," SHE SAID.

Group counseling is an effective intervention for survivors. Participating women can regain confidence, reduce feelings of isolation, overcome fear, and receive support from others experiencing similar trauma.

"Safe 24/7 sessions have been instrumental in the well-being of victims of violence of all kinds," said Siama Yusuf, CFK Africa's project officer for public health. "We have seen great transformation in the lives of the victims spiritually, physically, and emotionally."

Safe 24/7 is representative of CFK Africa's cross-cutting initiatives to address the unique challenges faced by girls and women in informal settlements. "With this program, women are able to begin moving forward and excel in their lives," said Yusuf. "As an organization, it is really meaningful for us to see their progress."



**Ms. Jane (not her real name) agreed to be interviewed on this important topic. To protect her privacy, her name and identifiable characteristics have been changed.*

EDUCATION AND ECONOMIC OPPORTUNITIES GROW BRIGHTER FUTURES:

EDUCATION & YOUTH LEADERSHIP DEVELOPMENT | TUNAIMARISHA MAISHA NA ELIMU

At CFK Africa, we believe that informal settlements are home to some of the most resilient, creative, and entrepreneurial people in the world. We work closely with community members to develop local leadership, strengthen economic resilience, and improve school quality and educational outcomes for students living in informal settlements.



SUSTAINABLE DEVELOPMENT GOAL HIGHLIGHTS:

- #4 Quality Education
- #5 Gender Equality
- #8 Decent Work and Economic Growth
- #10 Reduced Inequalities
- #17 Partnerships for the Goals



2022 IMPACT:



EDUCATION & YOUTH LEADERSHIP DEVELOPMENT

Goal: To promote access to quality education and build technical skills among youth from vulnerable households within informal settlements.

Strategies:

- Providing scholarships for students to attend secondary school or pursue tertiary educational opportunities.
- Offering mentorship to support students through their education journeys.
- Improving graduation rates through data-driven best practices.
- Providing life-skills, information communication technology (ICT), and leadership training.

79 SCHOLARSHIPS FOR
SECONDARY SCHOOL
awarded by CFK Africa to
students living in **eight informal**
settlements across Kenya.



418 YOUTH RECEIVED LIFE
SKILLS TRAINING,
preparing them to enter the
job market competitively, start their own
businesses, or pursue further education.



147
YOUTH COMPLETED
DIGITAL LITERACY
TRAINING.

219 ✓
YOUTH COMPLETED
TECHNICAL AND
VOCATIONAL EDUCATION
AND TRAINING (TVET).

LUX SIT & JAMES E. ROGERS SCHOLARSHIP FUNDS

Thanks to generous supporters from around the world, our endowed scholarship funds have nearly reached their \$2 million goal, providing sustainable funding for students living in some of the world's most challenging environments and allowing us to expand our scholarship program to informal settlements throughout Kenya. Join us in reaching our goal to support promising young students in growing into the next generation of leaders.

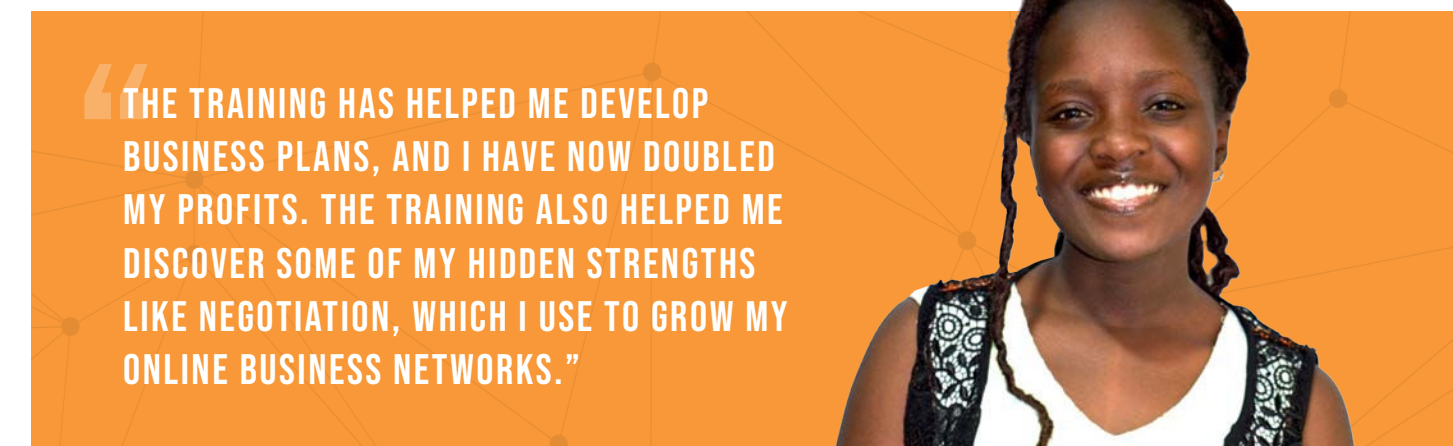
Donate at <https://cfkafrica.org/lux-sit/> or <https://cfkafrica.org/jim-rogers/>.



\$2 MILLION
We've almost
reached our goal!



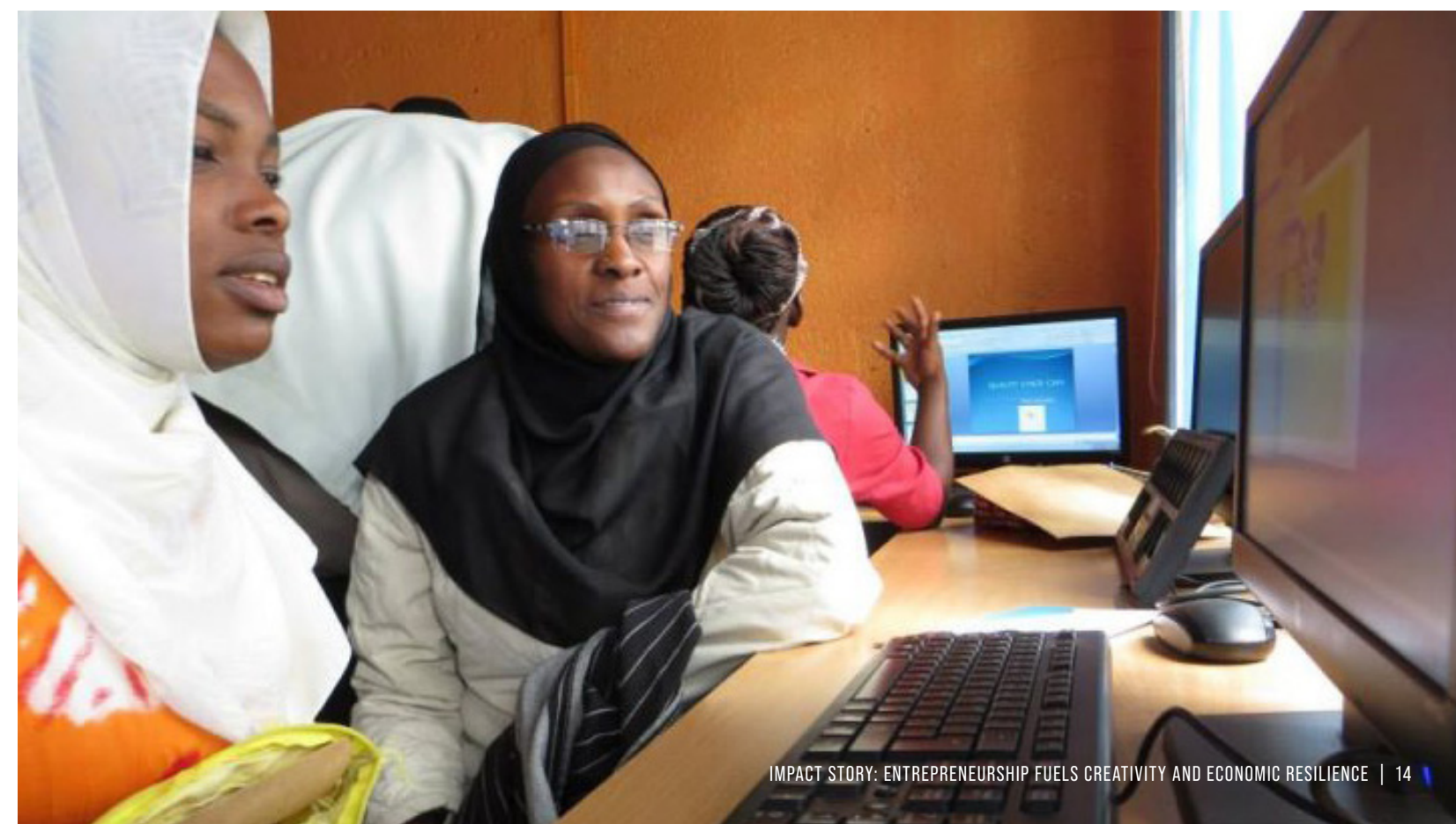
Mitchelle is grateful for the new skills that she developed through the CFK Africa programs, and the income has been important for her family.



“THE TRAINING HAS HELPED ME DEVELOP BUSINESS PLANS, AND I HAVE NOW DOUBLED MY PROFITS. THE TRAINING ALSO HELPED ME DISCOVER SOME OF MY HIDDEN STRENGTHS LIKE NEGOTIATION, WHICH I USE TO GROW MY ONLINE BUSINESS NETWORKS.”

Committed to supporting her community, Mitchell plans to provide employment opportunities to other youth. With a true entrepreneurial spirit, she also continues to dream big about growing her professional skills and is finding a creative way to stay connected to the healthcare field.

“My future plans include legalizing my businesses and employing other youth,” Mitchell said. “I am still passionate about health, and I plan to start a new network marketing business that deals in health products.” **CFK Africa’s life skills and entrepreneurship programs support young people like Mitchell in growing their careers and finding their path.**



IMPACT STORY ENTREPRENEURSHIP FUELS CREATIVITY AND ECONOMIC RESILIENCE

Mitchelle completed life skills and entrepreneurship trainings through CFK Africa, preparing her to grow a successful business and empower other young people in Kibera with employment opportunities.

Twenty-one year-old Mitchell Kitsai dreamed of becoming a surgeon. As a straight-A student on scholarship at Rusinga School, she was sure of her future. She knew that she wanted to attend a prestigious international university and pursue medical degrees. Unfortunately, COVID-19 disrupted her plans. The pandemic rendered her parents jobless, sending her family into financial insecurity.

Under these new circumstances, Mitchell carefully considered a new career path. Fueled by ambition, she concluded that entrepreneurship was the best direction. A friend directed her to CFK Africa’s life skills and entrepreneurship sessions for youth.

“He knew that I had a passion for business and made a point of telling me about the free life skills and entrepreneurship trainings offered at CFK Africa,” Mitchell shared. “Being a resident of Kibera, I already knew about the organization and the wonderful impact they have had on the lives of people living in the community.”

Mitchelle completed life skills and entrepreneurship training with CFK Africa, gaining the skills necessary to get her business ideas off the ground and make them profitable. She now runs two small businesses and has ideas for others.

“THE LIFE SKILLS AND ENTREPRENEURSHIP SKILLS TRAININGS WERE EXACTLY WHAT I NEEDED TO IMPLEMENT MY BUSINESS IDEAS RELATED TO DOG BREEDING AND NUTS AND DRIED FRUITS,” MITCHELLE SAID. “I WAS TAUGHT BOOKKEEPING, ADVERTISING, AND DIGITAL BUSINESS AMONG OTHER SKILLS.”

ETHICAL COLLABORATIONS GROW COMMUNITY-BASED SOLUTIONS:

RESEARCH & PARTNERSHIPS - UTAFITI & USHIRIKIANO

By investing in equitable research and community collaborations, CFK Africa identifies emerging issues, consistently improves our programming, works to inform policies, and provides tangible benefits in the communities we serve.

2022 RESEARCH HIGHLIGHTS

PUBLICATIONS & PRESENTATIONS

“Community-Based Participatory Research: Methods and Practice”

- Executive Director Hillary Omala joined UNC-Chapel Hill faculty member Alex Lightfoot, Ed.D. for a presentation on what CBPR looks like in practice.

“Food Vendors and the Obesogenic Food Environment of an Informal Settlement in Nairobi, Kenya: A Descriptive and Spatial Analysis”

- Published in The Journal of Urban Health, this paper explores how the food environment in Kibera affects residents’ dietary intake, and was a collaborative effort among UNC-Chapel Hill doctoral candidate Kyle R. Busse, UNC-Chapel Hill faculty members, including Alice Ammerman, Ph.D. and Stephanie Martin, Ph.D., and CFK Africa staff members.

“Incorporating COVID-19 into Acute Febrile Illness Surveillance Systems, Belize, Kenya, Ethiopia, Peru, and Liberia, 2020–2021”

- Partners from the population-based infectious disease surveillance (PBIDS) platform that CFK Africa operates with the CDC and KEMRI published an article in Emerging Infectious Diseases. The article discusses how to integrate SARS-CoV-2 testing into existing Acute Febrile Illness (AFI) surveillance systems.



PARTNERSHIPS

Massachusetts Institute of Technology LEAP: From among 120 applicants, CFK Africa was selected as a Project Host for the inaugural MIT LEAP (Leveraging Evidence for Action to Promote change) program. Through the initiative, we will work with a team of research fellows to strengthen our Best Schools Initiative (BSI) and improve educational outcomes for thousands of students attending informal primary schools in Kibera.

RESEARCH & PRACTICE

Baseline Surveys: CFK Africa conducted baseline assessments for reproductive, maternal, neonatal, child, and adolescent health (RMNCAH) in informal settlements across seven counties to inform our programming and expansion strategies.

Burn Study: In partnership with Donna Schwartz-Barcott, Ph.D. and Shahla Yekta, Ph.D., CFK Africa established a pilot project focused on using stove barriers to prevent household burns among children under-5.

Nutrition Studies: CFK Africa has continued to work with partners at UNC-Chapel Hill, including faculty member Stephanie Martin, Ph.D. and doctoral student Emily Seiger, to conduct implementation research on nutrition-related factors among adolescent girls and young women living in informal settlements. Findings will inform future nutritional programming.

Culture Study: Board members, advisory council members, and Peacock fellows led a culture study that included collecting and analyzing qualitative data from 53 interviews, 40+ survey responses, and three focus group discussions with CFK Africa staff, community health volunteers, and community members. The study sought to determine the key attributes of CFK Africa employees that have contributed to the organization’s success and impact in Kibera. **Findings will guide CFK Africa’s continued growth as we scale to additional informal settlements in Kenya.**

WASH Studies: In partnership with the CDC-Kenya, CFK Africa led a cost-comparison study concerning permanent vs. container-based hand washing stations. We also engaged students in focus groups to inform mural designs and additional behavior change communication efforts regarding WASH in schools.



CFK AFRICA IS AN ORGANIZATION
BASED ON PARTNERSHIPS, AND WE
WELCOME NEW AND INNOVATIVE
OPPORTUNITIES TO INVEST IN AND
EXPAND OUR RESEARCH PLATFORM.

Partner with us on actionable
and equitable research projects:
<https://cfkafrica.org/contact>

FROM THE CLASSROOM TO THE COMMUNITY: UNC PEACOCK FELLOWSHIP ENGAGES STUDENTS WITH PARTICIPATORY DEVELOPMENT

Established in honor of Dr. James Peacock and his wife Florence, and administered in partnership with the UNC-Chapel Hill African Studies Center, the CFK Africa Peacock Fellowship offers UNC students the opportunity to engage in participatory research and support projects alongside our team in Nairobi, Kenya for at least eight weeks.

Our mutually beneficial and balanced relationship with UNC positively supports CFK Africa's ability to

mobilize research funds and engage with faculty and students. This special relationship also provides valuable experiential learning opportunities for students.

We appreciate the energy, fresh perspectives, and new ideas that fellows bring every year, and we are proud to have a network of more than 100 alumni who have pursued careers in fields ranging from medicine and public health to journalism and public administration.

Mitch Kimber

Mitch is a Global Health MPH Student with an RN (Registered Nurse) degree and clinical and research experience. He teaches in the UNC-Chapel Hill School of Nursing and has a primary interest in health systems reinforcement.

Mitch worked with our Primary Health Care Program shadowing nutrition outreach and growth monitoring activities throughout Kibera, conducting community health volunteer training in Machakos, and observing in the Tabitha Medical Clinic. Mitch also analyzed data to help inform our expansion across eight counties in Kenya.

“THE MOST VALUABLE EXPERIENCE WAS SPEAKING WITH CFK AFRICA STAFF TO HEAR THEIR PERSPECTIVE ON THE ORGANIZATION'S HISTORY, THE STRENGTHS AND CHALLENGES OF THE COMMUNITIES THEY WORK WITH, AND THEIR HOPES FOR THE FUTURE. IN THE SECOND YEAR OF MY MASTER OF PUBLIC HEALTH AT UNC, I HAVE ALREADY APPLIED MANY LESSONS THAT I LEARNED FROM MY TIME IN KIBERA.”



MEET OUR 2022 UNC PEACOCK FELLOWS

Selah Bekele-Piper

Selah is an undergraduate Ethiopian-American student studying Human Development and Family Studies with minors in African Studies and French. She spent 10 years of her life in Nairobi and is the founder of Project Imagine, which is a community-based organization in Kenya providing access to menstrual hygiene resources and breaking down the stigma surrounding menstruation through lessons on health, hygiene, and protection.

Selah worked with our Education and Livelihoods team to create an early learning catch-up program, pairing CFK Africa alumni with primary school students to help improve literacy levels.

“WORKING AT CFK WAS A LIFE CHANGING EXPERIENCE THAT TRANSFORMED MY UNDERSTANDING OF INFORMAL SETTLEMENTS AND COMMUNITY DRIVEN DEVELOPMENT IN KENYA. I COULD NOT BE MORE GRATEFUL FOR THE RELATIONSHIPS AND SKILLS I GAINED DURING MY TIME AS A PEACOCK FELLOW.”

Sarah Lebu

Sarah is a Kenyan Ph.D. student in the School of Environmental Science and Engineering. She has vast experience working with informal settlements, especially in the area of WASH, and she is completing her dissertation on the impact of extreme rainfall on sanitation facilities in informal settlements.

Sarah supported water quality testing efforts in schools, led focus group discussions with students to inform WASH murals, conducted a literature review on care group models, and analyzed results from a maternal and child health satisfaction survey conducted at our Tabitha Maternity Home. Sarah also trained 10 local research assistants and community health volunteers from Kibera, and together, they collected 200 data samples to support her dissertation research on resilience of sanitation facilities.

“ONE OF THE MOST MEMORABLE EXPERIENCES THAT I HAD AS A PEACOCK FELLOW WAS CONDUCTING A FOCUS GROUP DISCUSSION WITH SCHOOL-GOING CHILDREN TO COLLABORATIVELY DESIGN A HANDWASHING MURAL.”

Greear Webb

Greear is a Morehead Cain Scholar and an undergraduate student studying Political Science and African, African American, and Diaspora studies. He has extensive experience with social justice and advocacy work, with a specific emphasis on youth empowerment.

Greear collaborated with our Education and Livelihoods team to develop a Youth Leadership Pathway Curriculum (YLPC). The project will institute a youth leadership pipeline and engage our Angaza Scholarship alumni in lessons centered on youth leadership, peer mentorship, and community service.

“CFK AFRICA TRULY TAUGHT ME THE VALUE OF INVOLVING AND INVESTING IN THE MOST MARGINALIZED WHEN MAKING DECISIONS, AND REVEALED JUST HOW MUCH THE FIGHT FOR JUSTICE IS A GLOBAL ONE.”

SUSTAINABLE STEWARDSHIP

We have a dedicated team of Board and Advisory Council members who volunteer their time and expertise to maximize CFK Africa's impact. They provide us with a strong, steady foundation even through the most difficult times. We are grateful for their support and expertise.

Our Kenya Board of Trustees and U.S. Board of Directors operate together on a Joint Board.

BOARD OF DIRECTORS

RYE BARCOTT | Chair Co-Founder, CFK Africa; Co-Founder and CEO, With Honor

BRETT BULLINGTON | Angel Investor and Advisor to Start-ups, Technology Entrepreneur

JENNIFER COFFMAN, PH.D. | Professor of Integrated Science and Technology, School of Integrated Sciences, James Madison University

JIM HERRINGTON, PH.D. | Co-Founder and Vice-President, Drone Data and Film® Photography; Professor (retired), Department of Health Behavior, UNC-Chapel Hill

FRANCIS KIBET | Treasurer, Manager, IT Audit Services, Duke Energy Corporation

GEORGE KURIA | Chief Executive Officer, ACRE Africa

ROSEMARY MAINA | Senior Associate, Anjarwalla & Khanna (ALN Kenya)

SUZANNE MAMAN, PH.D. | Professor and Associate Dean, Gillings School of Global Public Health, UNC-Chapel Hill

JAMES NDIANG'UI | Senior Finance, Administration and Compliance Manager, Malawi at Counterpart International

JOSEPH NGANGA | Secretary, Executive Director, Smart Power Africa, Power Initiative, The Rockefeller Foundation

DICKSON OMONDI | Regional Director, Southern and East Africa, National Democratic Institute for International Affairs (NDI)

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DR. RON STRAUSS, D.M.D., PH.D. | Executive Vice Provost, UNC-Chapel Hill

JAMES PEACOCK, PH.D. (HONORARY MEMBER) | Kenan Professor of Anthropology, UNC-Chapel Hill

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“IT HAS BEEN MY JOY AND PRIVILEGE TO WORK WITH THE STAFF OF CFK AFRICA AND THE PEOPLE OF KIBERA AS WE SEEK WAYS TO IMPROVE THE LIVES OF THOSE LIVING IN ONE OF AFRICA'S LARGEST INFORMAL SETTLEMENTS. FROM JANITORS TO BOARD MEMBERS, ALL WORK TIMELESSLY TO CHART A COURSE THAT IS SENSITIVE TO THE COMMUNITY, EFFECTIVE IN ITS METHODS, AND FINANCIALLY RESPONSIBLE. BEING A PART OF THE CFK AFRICA FAMILY HAS HELPED ME GROW AS A PERSON FAR BEYOND ANYTHING I EXPECTED.”

-Dr. Steve Arnold, Advisory Council Member



FINANCIALS

REVENUE
\$2,648,733

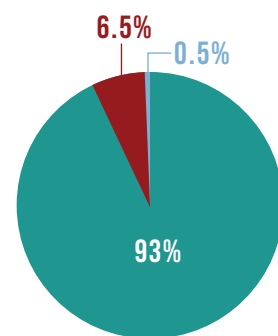
EXPENSES
\$2,683,018

ASSETS
\$6,957,726

We are deeply committed to transparency and ensuring the financial health of our organization through utilizing donor funds efficiently. This commitment helps us achieve our ultimate goal of making a sustainable impact in the communities we serve.

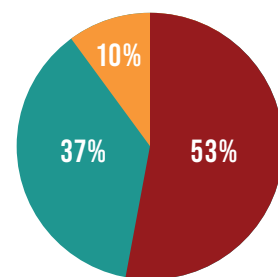
Thanks to the generous financial contributions from our donors, partners, and collaborators, CFK Africa successfully initiated expansion projects in informal settlements throughout Kenya. In 2022, we strengthened our impactful and long-term programming in Kibera while also launching new research initiatives aimed at generating valuable knowledge and insights applicable to informal settlements worldwide. We remain committed to responsible resource management, ensuring that every dollar spent maximizes our impact and supports our mission.

Data from FY 2022 audited financials.



CFK AFRICA EXPENSES

- Programs
- Administration
- Fundraising



EXPENSES BY PROGRAM

- Research & Development and Special Programs
- Primary Health Care
- Education & Livelihoods

100% giving from the Board of Directors



OVER THE NEXT FOUR YEARS,
CFK AFRICA ANTICIPATES NEARLY
**DOUBLING ITS
OPERATING BUDGET**
TO ALIGN WITH EXPANSION INITIATIVES
AS PART OF ITS NEW STRATEGIC PLAN.

THANK YOU



Sulney Fields Trust, Force For Boobs, Yumas Kitchen,
County Governments of Kajiado, Kiambu, Kilifi, Kisumu, Machakos, Mombasa, Nairobi, Nakuru







JOIN THE JUNCTION

The Junction is our group of dedicated, recurring donors who are committed to improving public health, advancing education, empowering women and young leaders, and increasing economic prosperity in Kenyan informal settlements.

With 20 years of working in informal settlements, we know that change does not happen overnight. It requires patience, dedication, and perseverance. Recurring donations from Junction members allow us to make long-term commitments to communities, maintain financial security through challenging times, and confidently plan for a sustainable future.

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WE INVITE YOU TO JOIN US AT THE JUNCTION TODAY AND HELP FUEL OUR NEXT STAGE OF GROWTH.

Donate at: <https://cfkafrica.org/join-the-junction>